



Cork County Council
COVID-19
COMMUNITY SUPPORT
PROGRAMME



**Do you need help with collection and delivery
of essential items?**

**Do you need support if you are experiencing social isolation
or are cocooning?**

**Cork County Council COVID-19 Community Support Programme
is here to assist vulnerable members of the community or those living alone**

SUPPORTS PROVIDED

- Collection and delivery of groceries -
- Collection and delivery of essential household items -
 - Collection and delivery of fuel -
 - Collection and delivery of medication -
 - Support with social isolation issues -
 - Delivery of food and meals -
- Assistance with Garda related matters -
- Assistance with other needs that may arise -

**FREE contact number 1800 805 819 with lines open from 9.00am to 5.00pm,
seven days a week. Those calling from outside of Ireland seeking assistance
for a relative or friend, should call +353 21 4285517. You can also email us at
covidsupport@corkcoco.ie or text us at (085) 8709010.**

Mental Health Supports

www.mentalhealireland.ie

www2.hse.ie

www.spunout.ie

